

Reclaiming Your Weekend With Low-Effort, High-Fun Activities



Activity	Description	Benefits
Backyard Camping	Enjoy sleeping under the stars without the stress of traditional camping. Set up a tent in your backyard and enjoy the comforts of home, while creating a magical experience of storytelling and stargazing.	Provides relaxation, adventure for children, and family bonding.
Scavenger Hunts	Design a sensory scavenger hunt requiring minimal resources. Participants can search for items based on texture, color, or scents, transforming a walk into a captivating activity.	Encourages mindfulness, creativity, and connection with surroundings.
Geocaching	Engage in a modern treasure hunt using a geocaching app and GPS to locate hidden containers in your neighborhood or parks.	Promotes exploration, mystery, and excitement with minimal effort.
Frisbee Golf	A relaxed sport played in public parks, where participants aim to throw a flying disc into metal baskets in as few attempts as possible.	Combines light physical exercise with leisurely outdoor enjoyment, suitable for all ages.